GATHERING IN THE SPIRIT

Music for Meditation

Gathering song Gather Us In

♪♫ Here in this place, new light is streaming,
now is the darkness vanished away.
See in this space our fears and our dreamings
brought here to you in the light of this day.

Gather us in the lost and forsaken,
gather us in the blind and the lame.
Call to us now, and we shall awaken,
we shall arise at the sound of our name.

Here we will take the wine and the water,
here we will take the bread of new birth
here you shall call your loved ones, your dear ones,
call us anew to be salt for the earth.

Give us to drink the wine of compassion,
give us to eat the bread that is you,
Nourish us well and teach us to fashion
lives that are holy and hearts that are true.
-words and music: Marty Haugen

Welcome

Territorial Acknowledgement

We acknowledge that we are occupying unceded land
of the Strait Salish, lək̓ʷəŋən speaking people
who have been sustained in body, mind and spirit
through their relationship with this land for thousands of years.
I am grateful to be part of a congregation that is hearing
the call to continue learning of our colonial history
and the on-going impacts of our privilege,
and taking up the challenging and healing work
toward reconciliation.

Lighting the Christ Candle

Opening Prayer

O Mystery beyond naming, yet close as breath,
you meet us where we are, whatever our circumstance.
Grant us to trust you are with us
in the tangle of our days,
in the grip that holds us in the struggle.
Grant us to trust that your love that will not let us go
is forever and always re-working our lives for blessing.
In Christ we pray. Amen

Hymn VU 613 We Cannot Measure How You Heal

Sharing the Peace of Christ

SHARING THE GOOD NEWS

Scripture: John 9: 1- 43

Reflection

RESPONDING WITH OUR WHOLE HEARTS

♪♫ Return to God with all your heart,
the source of grace and mercy,
come seek the tender faithfulness of God.
-words and music: Bernadette Farrell

Hymn MV 82 Bathe Me In Your Light

Minute for Ministries – Marg Lunam: Thrift Shop

Offering Ourselves with our Gifts

♫ ♪ Your will be done, be done on earth [3x]
Your will be done on earth [2x]
-MV 151 words and music: traditional song, South Africa

Great Thanksgiving [see insert]

Communion songs**:**

♪♫ **Let us be bread, blessed by the Lord,**
broken and shared, life for the world.
Let us be wine, love freely poured.
Let us be one in the Lord -words & music: Thomas Porter

♫ ♪ **Shepherd me, O God, beyond my wants,**
beyond my fears, from death into life.
-words and music: Marty Haugen

GOING OUT TO SERVE

Hymn VU 713 I See A New Heaven

Commissioning and Blessing

Response

♪♫ **In God we live and move. In God we have our being.**
In God we will remain. In God is our abiding.
-words: Joyce Rupp; music: Linnea Good

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Minister: Karen Dickey kdickey@shaw.ca
Music: Jennifer Turner j.turner@queensu.ca
Office Administrator: Vanya Smith jbuchurch@gmail.com
Communication: Christine Chepyha
communication.jbuc@gmail.com
Arts Ministry: Kelby MacNayr arts.jbuc@gmail.com
Social Justice: Sinan Demirel socialjustice.jbuc@gmail.com
Office phone: 250-384-5821
Website: www.jamesbayunited.com

James Bay United Church

Following in the way of Jesus
on the journey inward
and the journey outward

Lent 3
MARCH 12, 2023



THIS WEEK AT JAMES BAY UNITED CHURCH:

Monday, March 13 - Community Guitar Class aka Guitar Jam with the fabulous Aaron Watson
For more information. www.jamesbayunited.com
Classes approx $12/ class payable either by drop-in or term registration.

Tuesday, March 14 Tuesday Night Jazz at the Church
7 PM to approx. 8:20pm – Sanctuary
Admission by donation ($20 suggested donation) Masks required.

Wednesday, March 15 from 9-10:30 in the lower hall
Tai Chi and Chi Kung with Curtis Nadj
Classes will be accessible to first-time beginners and also allow students from the previous session to build on the practices and forms already introduced. **$45/ per month**

Every Wednesday, 7pm - 8:30pm Community Choir
Each week, join Christine Chepyha as we create a new choral community in our neighbourhood.

Thursday, March 16 JBUC Thursday Morning Prayer
It's about beginning the day, along with others, in a way that centers and grounds us in Love's presence. We'll begin at 8 am, concluding around 8:20. **Online & zoom**
For more info: www.jamesbayunitedchurch

Every Thursday Community Lunch
Come out of the cold and enjoy lunch with the warmth of the community.**1 – 3pm in the lower hall.**

Friday, March 17 and Saturday March 18
JBUC Thrift Shop Open 10am – 1pm - *Masks required.*
Donations Received: *Wed. thru Sat. 10am - 12noon.*

Mid-week offerings for Lent

Going to the Movies for Lent 5 Wednesday evenings, beginning March 1. This week our movie is UPDATE NEEDED FOR MOVIE THIS WEEK HERE
Come for a **simple supper at 5;30**; **movie begins at 6:30** in the church hall. Enter off the patio at the back of the building.

Let contemplation and conversation colour your Lent
5 Thursday mornings 10-11:30, beginning March 2 in the lower hall. Think of it as a 'clearing space' making room for personal reflection. We'll gather around questions each week that help us get in touch with what's bubbling beneath the surface that may well be a key to greater wholeness. There'll be time for contemplation, for conversation and for putting colourful pen to paper as we take our lead from master colorist Henri Matisse whose work we'll view as an inspiration for our own self-expression.

Inner Lenten Journey [in case you missed last week's session] What qualities of the heart do you want to take into this Lent season? How do you want to be? This is an invitation to explore intentions through discussion, meditation and sharing.
2 one hour sessions on zoom: Tuesday March 7th at 4pm with a follow-up check in on Monday March 13th at 4pm
Led by Kam McKim, mindfulness meditation teacher
Contact Kam to register and / or to enquire about the possibility of 2 in-person sessions. wbmckim108@gmail.com