

Minister: Rev. Greg Powell  
Music Minister: Jennifer Turner

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## GATHERING IN THE SPIRIT

Gathering Song

~ MV 77 ~

♪ **Be still and know that I am God [x 2]**  
♪ **Be still, be still and know I am God.**

Welcome

Territorial Acknowledgement

**We gather on land that sustained bodies, hopes, and dreams long before the Kosapsun and Songees encountered others from far away. And so we recommit to a journey toward reconciliation, one that is not easy.**

Opening Prayer

**Creator, Source of Living Water, we gather in your presence to have our deepest thirst quenched. Guide us on our Lenten journeys. Amen**

Choral Anthem: *A Companion on the Road* ~S. Megill, R. Klusmeier ~

Fasting and Feasting

♪ **Return to God with all your heart,** ~ Marty Haugen ~  
**the source of grace and mercy,**  
**come seek the tender faithfulness of God.**

Tenebrae candle

Hymn MV 87 Water Flowing from the Mountains

Passing the Peace of Christ

## SHARING THE GOOD NEWS

Opening to the Word

~ Linnea Good ~

♪ **Listen in the Silence, Listen in the noise.**  
**Listen for the sound of the Spirit's voice**

Scripture Reading: John 4:5-42

Read by: Karen Halliday

♪ **Where streams run dry; Where streams run dry.**  
**Where streams run dry in the wilderness,**  
**roots run deep.** ~ Linnea Good ~

A Moment with the Woman at the Well

Reflection

Hymn VU 121 Tree of Life (*Other vs. for Lent*)

## RESPONDING WITH OUR WHOLE HEARTS

Communion

Communion Song

~ Bernadette Farrell ~

♪ **Bread of life, hope of the world,**  
**Jesus Christ, our brother:**  
**feed us now, give us life,**  
**lead us to one another.**

The Lord's Prayer

~ Paraphrase by by Steve Garnaas-Holmes ~

**Beloved, Center and Source of our living,**  
**whose presence is heaven, your holy love fills**  
**Creation.**  
**May your delight be fulfilled**  
**and your Realm unfold among us,**  
**the visible world blossoming out of the unseen.**  
**We turn to you alone for our sustenance,**  
**the bread of life each day.**  
**Set us free from our failings,**  
**as we set free all who have failed us**  
**Lead us beyond our desires**  
**and save us from the grip of evil.**  
**For the world is within you;**  
**all power is from you, and all glory is about you,**  
**in eternity, which is in the present moment. Amen.**

Offering

Offertory Response

~ Carolyn McDade ~

♪ **Help me to see what I must see,  
Help me to be where I must be,  
Restless faith abide 'til all are free;  
Fill my life, turn my hand.**

Minute for Ministry: Pastoral Care Team

Announcements: Work of the People

### GOING OUT TO SERVE

Hymn VU 713 I See a New Heaven

Commissioning and Blessing

Response:

~ Linnea Good ~

♪ **In God we live and move,  
In God we have our being,  
In God we shall remain,  
In God is our abiding.**

**MV77** Words: Psalm 46:1. Music: John L. Bell © 1989 & 1998 WGRG, Iona Community, Scotland, admin. GIA Pub. Inc. excl. N. American agent; **Return to God** Words, music Marty Haugen, b.1950, ©1990, 1991, GIA Pub. Inc.; **MV87** Words, music ©2003 jim hannah, Arr. ©2006 David Melhorn-Boe email: mboe@onlink.net; **Listen in the Silence** Words, music: Linnea Good ©1990, **Where Streams Run Dry** Words, music: Linnea Good ©1994 Borealis Music www.LinneaGood.com; **VU121** Words, music Marty Haugen ©1984 G.I.A. Pub. Inc. ; **Bread of Life** Words, music Bernadette Farrell ©1982, 1987, Pub. OCP Pub. All rights reserved; **To This Day I Bring My Life** Words, music: Carolyn McDade ©C. McDade Music.; **VU713** Words, music: Carolyn McDade ©1979, Harmony: ©1991 Carolyn McDade, P.O. Box 510, Wellfleet, MA 02667, USA; **In God We Live and Move** Words: ©Joyce Rupp, Music: Linnea Good ©1994 Borealis Music; Reprinted / podcast /streamed w/ permission under ONE LICENSE #A-741594. All rights reserved.

## James Bay United Church

*Following in the way of Jesus  
on the journey inward  
and the journey outward*

**March 8, 2026**

**Third Sunday of Lent**

